

SIGNS OF TOO MUCH PREDNISONE/PREDNISOLONE (OR OTHER GLUCOCORTICOID)

ASK YOUR VETERINARIAN ABOUT A SAFE REDUCTION PLAN

<ul style="list-style-type: none">Excess thirst (polydypsia)Excess urination (polyuria)Increased hunger (polyphagia)PantingWeight gain/Obesity	<ul style="list-style-type: none">Muscle loss/wasting & weaknessLoss of muscle on the head ("Pred head")Iatrogenic Cushing's syndrome (glucocorticoid excess)Lethargy	<ul style="list-style-type: none">General loss of energyHair loss or thinningDull and dry furAggressionGuarding food
<ul style="list-style-type: none">Nervousness and/or restlessnessIncreased barkingBeing easily startledDecreased activityIncreased avoidance	<ul style="list-style-type: none">Vomiting/NauseaDiarrheaPancreatitisGastrointestinal ulcerationUrinary Tract Infections (UTI)	<ul style="list-style-type: none">Elevated liver enzymesDiabetes mellitusCalcinosis cutisPoor wound healing abilityDevelopment or worsening of bacterial infections

Each dog is different. Many dogs with Addison's do very well on as little as 1 mg of Pred for a 100 lb/45 kg dog, as mentioned by Dr. Deborah Greco. She uses, "...a very low dose of Prednisone – the lowest dose I can possibly give."

Dr. Mark Peterson says, "I rarely, if ever, give a higher dose than 5-mg per day to ANY dog. The 5-mg dose is the average human maintenance dose, and we see very few dogs that weigh over 70 kg."

Sources for all of the above:

ADDISON'S DISEASE: UNCOMMON OR UNDERDIAGNOSED?

(<https://canineaddisons.org/wp-content/uploads/2015/01/NovartisRoundtableDiscussion.pdf>)

Q & A: WHAT'S THE IDEAL PREDNISONE DOSE FOR DOGS WITH ADDISON'S DISEASE? - Dr. Mark Peterson

(<https://endocrinevet.blogspot.com/2011/02/q-whats-ideal-prednisone-dose-for-dogs.html>)

<https://animalendocrine.blogspot.com/2013/08/how-to-adjust-glucocorticoid-dose-in.html>

https://www.petmd.com/blogs/fullyvetted/2012/june/behavioral_changes_associated_with_glucocorticoid_use_in_dogs-25373

<https://vcahospitals.com/know-your-pet/steroid-treatment-long-term-effects-in-dogs>

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Sources for side effects listed above:

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